



PESTANA
AMSTERDAM RIVERSIDE
HOTEL & NATIONAL MONUMENT
COLLECTION HOTELS



SPA MENU

SWEDISH RELAXATION MASSAGE

60 minutes | €135

90 minutes | €200

A traditional full body massage with long rhythmic strokes to relieve muscle tension and fatigue, with a relaxing and de-stressing focus.

DEEP TISSUE MASSAGE

60 minutes | €135

90 minutes | €200

Targets deep muscle layers to alleviate pain, generally aiding natural muscle recovery while reducing knots and tension.

AROMATHERAPY MASSAGE

Elevate your massage experience with a curated selection of relaxing or energizing scents

Additional | €20

THE RENEWAL FACIAL

60 minutes | €160

90 minutes | €245

Nourishing facial with cleanse, exfoliation, regenerative massage, and antioxidant mask, with a feet/hands/head massage.

THE RENEWAL BODY

60 minutes | €160

90 minutes | €245

An invigorating body scrub and exfoliation to soften and prepare the skin for the application of nourishing Shea butter.

The 60 minute version includes a stress relieving foot massage.

The 90 minute version includes a full body massage.

Please contact the Front Desk to book a treatment.